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TERRIFIC FOR TURTLES!

Daily Mail, Saturday, January 17, 2015

The Cayman Islands offer wild encounters above and below water

HE Queen's portrait is on display at the airport — but it feels like arriving in Florida, with joggers pounding pavements, jeeps on the roads and dollars in the shops.

Then there is the Cayman Islands' reputation obvious incentive for tourists — and its eagerness to hold huge corporate conventions.

But when I ask my Surrey-born diving instructor if he misses Britain. I realise it's a laft question. After all, it is December and we have just surfaced from a superb dive in coralrich waters. Now the sun is beating down as ve bounce back in the boat towards a perfect tropical beach.

Darrin simply smiles: 'What do you think?' 'It's not cheap,' the former IT worker adds. 'But it is beautiful and you can walk down the street at night without looking over our shoulder.

Tell people you're going on holiday to the Cayman Islands, and invariably they joke about stashing ill-gotten gains — since this trio of lands, 150 miles south of Cuba, is better known as a tax haven than tourist trap.

When my wife and I land on Grand Cayman, the biggest island, one of the first things we notice is the business buzz. Our hotel - one of those huge places with ceaseless activities and bar-stools in the pool is packed with boisterous Americans attending a giant nsurance convention.

But looks can be deceptive. For the estin has some of the best hotel food I have tasted in the Caribbean. And the islands turn out to be a errific holiday location

Diving is the main attraction, with several fine wrecks dotted around the waters. There are scores of rock tunnels to swim through, and underwater walls close to the shore which — draped in coral — ensure a constantly changing kaleidoscope of

I glide through clouds of silvery



Sweeping sands: The Cayman

by Ian Birrell

follows me around — and eveball fearsomely big barracuda with menacing looks on their fang-laden faces.

Then there is Stingray City, where creatures the size of small tables the sound of boat engines. In the past, these hungry creatures

swarmed to scavenge when fisher men were cleaning their nets. Now they are deliberately lured with squid so that snorkellers can caress them. 'You hold them like a pizza box with two hands underneath,' says one guide. 'It feels like stroking a wet

My favourites, however, are the geeky-looking Hawksbill turtles to be plentiful in these waters.

I encounter five on one dive alone

alongside, admiring their striking shells and sharp beaks. These elegant reptiles were also admired by Christopher Columbus,

by Ellie Ross

out the centuries. First mined by the

working slate mine, with 11 miles

high Fleetwith Pike, and more still

The section that forms the Climb

you notice the rusting remnants of

its past — from old pulleys to

The heam from my head torch

picks up a spade, flung on the ground

as though its owner had just popped

Low tunnels link the three main

upright inside the tunnels,' Joe says,

out for a tea break.

Islands boast perfect beaches, excellent diving and the chance to swim with wonders such as Hawksbill turtles (below) the most beautiful of beasts, who was the first European

visitor here on his final voyage, five centuries ago. He even named the islands

Las Tortugas in their honour, claiming that there were so many he could use them as stepping stones to the shore. Later, the archipelago was re-named after

its crocodiles. These have since disappeared, but the Caymans can still claim more species of flora and fauna than the Galapagos Islands. It is the only place where I have seen signs

that give iguanas right of way on the roads. The most precious of these quasi-dragons is the Blue Iguana — an endemic species which grows up to 5ft long. A decade ago, there were intensive breeding programme

Another morning, we walk

the Mastic Trail, a lovely little hike through interior forests filled with woodpeckers, parrots and tree frogs hiding n holes of the creeper-

clad trees. Then, after plates of jerk

the water's edge, it is back to an they are mostly quite friendly. 'I love these guys,' says afternoon of lazing — on Seven Mile Beach, Despite the name Alberto, the enthusiastic this decadent crescent of sand guide who shows us around their pens at the Queen

is 'only' 5.5 miles long — and also the island's main drag, lined with smart hotels, small shopping malls and restaurants. As dusk falls, I float in the sea watching a giant cruise ship ablaze with lights.

It slips over the horizon under an emerging full moon. Later, we drive to Heritage Kitchen – tiny shack hidden away on the front serving conch fritters and fried

> with coconut hot spice, rice sublime.

Next day, we hop on a tiny plane over to Little Cayman – a slip of a place, home to about

lift to our pastel-painted hotel, joking that it is rush hour when we pass another vehicle.

hiring mopeds to chug around this ten-mile island, carefully avoiding the iguana sprawled on the Tarmac. At Point of Sand, at the north tip, we swim and soak up the last of the sun. Then it is time for the

chickens to be cleared from the island's runway and our return to reality.

TRAVEL FACTS

BRITISH Airways (0844 493 0787, ba.com) flies to Grand Cayman from £695 return. ITC Luxury Travel (01244 355510, itcluxurytravel.co.uk) offers seven nights at the Westin Grand Cayman from £1,765 per person based on two adults sharing on a room-only basis, including return flights and private transfers. More information at

the glories of Cumbria underground Now you can climb

cling to a rock, heart in nouth. Taking a deep reath, I launch myself into Romans, Honister is Britain's last opened climbing experience, of tunnels chipped into the 2,126ft

near Keswick. It's an underground version of being discovered. their celebrated Via Ferrata, where willing victims are clamped to the The Mine experience was last cliff face. But this is an all-weather worked in 1966 and everywhere sport, as the mine maintains a constant 11c all year round.

Harnessed and helmeted, I follow decaved pipes. my guide Joe Weir for 90 minutes through a maze of trails, including dizzying crawls on iron-rung ladders and tiptoes across tight-rope bridges.

Metal footholds and cables have climbing caverns, most with tracks been hammered into the walls of running through them on the vast caverns — blasted open for ground. 'You'd never be standing their precious green slate through-

duck down. 'You'd always be stooped from the effort of pushing a cart full of slate out of the mine on these tracks.'

Mining has a long tradition in blocks of green slate into thin into everything from roof tiles to headstones.

As mine manager, Joe now oversees the blasts — but he also finds peace inside the impossibly black caves, silent but for the occasional drip of water.

tunnels, turn my torch off and see if I can find my way out using the breeze from the entrance,'

I soon see what he means as the £90pp per night. For more cold air stings my face the closer

emerging to a dramatic mountain pass view with rugged grey cliffs unfurling beneath us.

I'm thankful to be back on terra firma at Scafell Hotel, a former Joe's family — his uncle and country house in nearby grandfather were rivers, splitting Borrowdale and reward my efforts with a steak and cheese sheets that could then be shaped board served, fittingly, on Honister slate.

TRAVEL FACTS

CLIMB The Mine at Honister Slate Mine, 017687 77230, honister.com, re-opens on Monday and costs from £19.95 for children, £29.95 for 'Sometimes I go deep in the adults. Minimum age ten (children must be accompanied by an adult). Minimum height 1m 30cm. B&B at The Scafell Hotel, 017687 77208, scafell.co.uk, costs from



information, see visitengland.org. Mountain highs: Soaring Honister Pass in Cumbria

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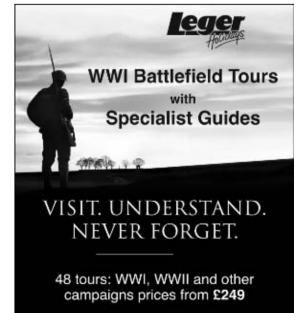
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